

# Sample Student

201 Success Center • Columbia, Missouri 65201  
555-555-5555 • [samplestudent@mail.missouri.edu](mailto:samplestudent@mail.missouri.edu)  
[www.linkedin.com/in/mizzoustudent](http://www.linkedin.com/in/mizzoustudent)

---

## EDUCATION

---

Bachelor of Science in Biological Sciences  
Minor in Leadership and Public Service  
University of Missouri, Columbia, Missouri

Expected Graduation Date: May 20\_\_  
GPA: 3.92/4.00

## HEALTHCARE EXPERIENCE

---

Activity Director

August 20\_\_ – Present

*Pascale's Pals Student Chapter*; Columbia, Missouri

- Volunteered with Pascale's Pals, Inc., a non-profit corporation developed to ease the burden of families and provide happiness to children during their stay in the Women and Children's Hospital
- Created weekly crafts or activities for members to complete with 5-10 pediatric patients
- Led the craft or activity with the kids and members each week, fostering a fun, positive environment
- Coordinated "Take-Out-Tuesday" during the summer; enjoyed a meal and played games with adolescent patients to give them a chance to get out of their rooms for a while

Clinical Simulation Center Intern/Volunteer

June 20\_\_ – August 20\_\_

Memorial Medical Center; Springfield, Illinois

- Shadowed and assisted with several simulations and Advanced Cardiovascular Life Support (ACLS) classes
- Practiced medical procedures such as breathing tube and catheter insertion, CPR, and defibrillation
- Corresponded with Memorial Medical Center staff about the current simulation center program and other successful centers in order to enhance the accessibility and effectiveness of their new facility

Mizzou Global Medical Brigades

May 20\_\_ – June 20\_\_

San Francisco-Zamorano, Honduras

- Set up a medical clinic for a week in a small town in rural Honduras that included triage; consultation; dental; "Charla," or education; pharmacy and gynecology stations
- Assisted with consultations, delivered proper medicine doses, and performed triage tasks such as taking pulse, blood pressure and temperature for over 700 local men, women and children
- Served as the dental assistant for 2 Honduran dentists during fillings and tooth extractions

Volunteer Scribe for Dr. Alexis Armour

March 20\_\_ – May 20\_\_

University Hospital; Columbia, Missouri

- Assisted Dr. Armour in accurate collection and management of patient information and electronic charts during her hospital rounds with burn victims and reconstructive plastic surgery patients
- Gained valuable practice entering clinical notes into the University Hospital's electronic health records system

## SHADOWING EXPERIENCE

---

- Shadowed 100+ hours in hospital, clinical, rural and urban settings in specialties such as family practice, general surgery, orthopedic surgery, cardiology, emergency medicine, and anesthesiology
- Observed 20+ medical procedures including an inguinal hernia repair surgery, total hip and knee replacements, heart catheterizations, nerve block procedures, open-heart surgeries, and a lung tumor removal
- Experienced the teamwork required between the nurses, surgeons, and anesthesiologists in order to successfully complete highly invasive surgeries
- Learned how a positive patient-physician relationship develops over a succession of appointments
- Gained valuable insight into the daily tasks of a physician beyond treating patients, including electronic charting, paperwork, billing patients' insurance, and adapting to new health care policies

## **LEADERSHIP EXPERIENCE**

---

Co-Instructor for Career Explorations Course August 20\_ – Present  
University of Missouri; Columbia, Missouri

- Taught a 20-student class how to make sound career decisions, set goals, and prepare for the future while exploring their personal strengths and values
- Designed class to be activity and discussion-based in order to promote active learning and critical thinking among the students
- Created lesson plans with co-instructor, graded assignments, and met with students on a weekly basis

Supervisor August 20\_ – Present  
MU Career Center; Columbia, Missouri

- Supervised staff of 3-6 Career Specialists while engaging them as a team and making sure every shift presented a fulfilling work experience
- Utilized critical thinking skills and resourcefulness to answer countless questions from Career Specialists and customers and make referrals to the correct office
- Facilitated several training classes for 15 new Career Specialists and 6 new Supervisors
- Gave 20+ hour-long presentations to classes of 15-50 students about various Career Center services, such as résumés and career exploration

Wakonse Leadership Conference May 20\_  
Camp Miniwanca; Shelby, Michigan

- Participated in a 7 day conference about self-knowledge, leadership and effective learning
- Worked as a team with 17 other undergraduates to facilitate several interactive workshops and activities with 100 faculty members attending the conference
- Led a “Mutual Expectations” session between the undergraduates and faculty to discuss the expectations students have of their teachers and vice versa

## **PROFESSIONAL EXPERIENCE**

---

Summer Welcome Enrollment Assistant May 20\_ – July 20\_  
University of Missouri Honors College; Columbia, Missouri

- Greeted incoming freshmen and their families and prepared them for their Summer Welcome advising appointment
- Guided students through the enrollment process, taught them how to use their myZou student website, and answered any questions they or their parents had about the University

Intern for State Representative Margo McNeil January 20\_ – May 20\_  
Missouri State Capital; Jefferson City, Missouri

- Drafted a bill to ban the chemical BPA from baby bottles after finding research studies and model legislation about the issue and collaborating with 2 other Representatives
- Promoted and explained Representative McNeil’s bills to 40+ Chambers of Commerce in Missouri over the phone
- Took notes and relayed information to Representative McNeil from Health Insurance and Health Care Policy committee meetings, which discussed issues such as insurance coverage for hearing aids for newborns and eating disorder treatments

Career Specialist January 20\_ – May 20\_  
MU Career Center; Columbia, Missouri

- Counseled undecided students through individualized conversations and the use of various resources
- Advised students and community members on career planning topics such as occupational and major information, job and internship search strategies, writing résumés, and interviewing skills
- Mentored 1 new employee for a semester and contributed to her training by facilitating role-plays of common Career Center services and teaching her how to best assist each customer

## **VOLUNTEER EXPERIENCE**

---

### **Children's Emergency Shelter Volunteer**

February 20\_ – May 20\_

The Rainbow House; Columbia, Missouri

- Served as a playmate and positive role model for children ages newborn to 16 staying at the Rainbow House Children's Emergency Shelter
- Conveyed kindness and compassion to the children, who had gone through a family crisis or experienced abuse and neglect
- Witnessed the effect that low-socioeconomic status, homelessness, drug abuse, tobacco use and lack of a stable parent figure have on a child's physical and mental wellbeing

### **Alternative Spring Break Participant**

March 20\_

*God's Love We Deliver*; New York, New York

- Prepared and delivered nutritional meals for clients in the New York City area who were too ill to provide or prepare meals for themselves
- Enthusiastically completed any requested task, from chopping vegetables to delivering bags of food to apartment complexes, to best serve the diverse clients and staff of God's Love We Deliver

## **RESEARCH EXPERIENCE**

---

### **Mathematics in Life Sciences Research Fellowship**

August 20\_ – May 20\_

University of Missouri; Columbia, Missouri

- One of 20 University of Missouri students selected to conduct undergraduate research through the Mathematics in Life Sciences Fellowship, funded by the National Science Foundation
- Participated in a weekly research methods-based biology lab that focused on fundamental research procedures such as PCR and featured the research projects of many University faculty members

### **Research Assistant**

April 20\_ – September 20\_

*Dr. Sheila Grant's Biological Engineering Lab*; Columbia, Missouri

- Harvested and prepared pig diaphragm tissue for experimentation with wound care
- Cross-linked diaphragm tissue scaffolds with gold nanoparticles and tended to cell cultures to test how cell growth was affected by the presence of gold
- Characterized explanted hernia mesh tissue using TGA, DSC, and FTIR techniques and analyzed patient factors that contributed to degradation in the body

## **PRESENTATIONS**

---

M. Gari, M. Cozad, D. Grant and S. Grant. "Materials Characterization of Explanted Hernia Mesh." University of Missouri Summer 20\_ Undergraduate Research Forum. Columbia, Missouri. July 20\_.

## **HONORS**

---

University of Missouri Dean's List 6 of 6 semesters

Honors College Freshman Scholarship

Orthopedic Center of Illinois Scholarship

Illinois Women in Leadership Scholarship